



**TIPS FOR PLAYERS,
TEACHERS AND PARENTS**

2025

<https://www.dunedinconcerto.com/dunedinconcertocompetition-1>

Tips for participants

Choose the Right Repertoire

A piece you love

Challenging but within your abilities.

Showcase different/best aspects of your skills



Administrative Preparation

Know the rules

Meet deadlines/requirements

Plan logistics/equipment, scores



Create a Practice Schedule

Timeline with goals to structure practice sessions.

Include technical, musical, physical and mental aspects to develop.

Prioritise physical and mental health.



Develop Performance Practice

Mock Performances

Stage craft

Tips for Teachers



Select appropriate repertoire

- Skill Level
- Variety
- Interest/Passion
- According to rules



Create a preparation plan

- Time Management
- Goal setting



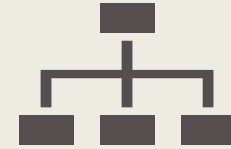
Set the student up for success

- Constructive Criticism
- Positive Reinforcement
- Build competence and confidence
- Build a supportive environment
- Manage Expectations



Focus on Mental and Physical Well-being

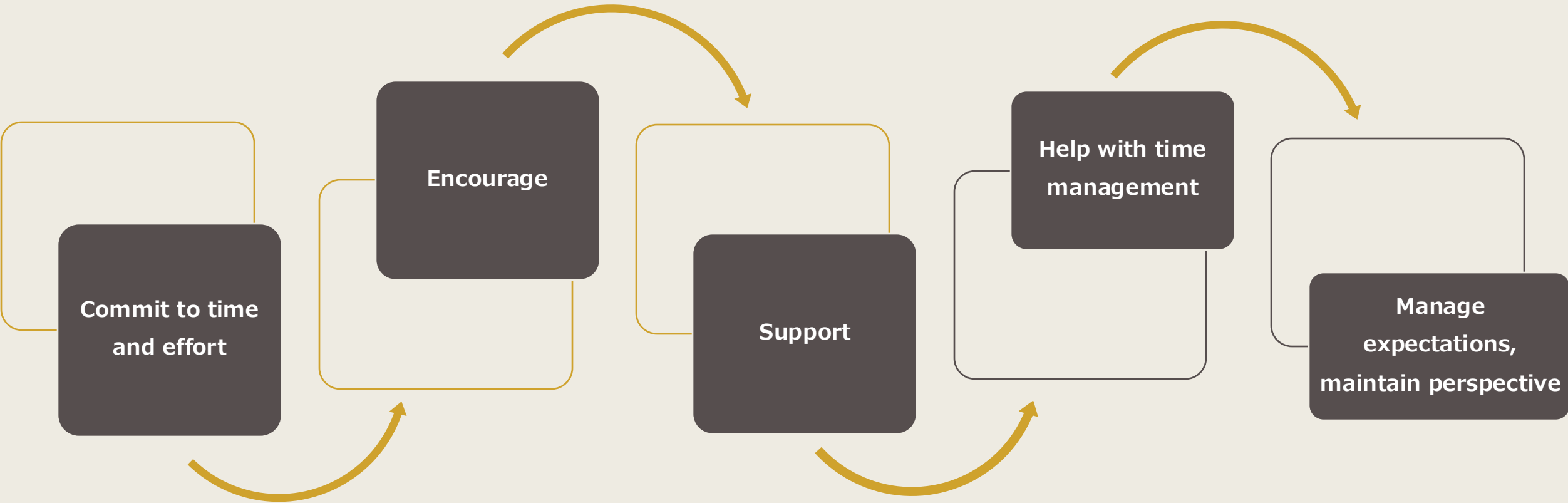
- Encourage a balanced lifestyle.
- Promote healthy habits.
- Teach Stress Management strategies.
- Encourage a positive mindset.
- Prioritise continuous growth over winning.



Assist with Admin prep

- Know rules
- Meet deadlines/requirements
- Help with logistics/equipment

Tips for parents





For players, parents, and teachers alike, it's a collaborative journey that enriches the spirit, deepens connections, and celebrates the transformative power of music.

On behalf of the Dunedin Concerto Competition committee and trust, we wish you luck and are looking forward to seeing you next year!